



We're listening, and supporting you.

0800/0667888

What we offer:

Encouragement.
Guidance.
Personalized solutions and
means of support.

Who our guidance is for:

Couples.
Individuals.
Professionals.

How do we provide guidance?

Anonymously (if so desired).
Free of charge.
By phone. In many different languages.
By email. In person.
In confidence, taking your side.
From an anti-racist standpoint,
offering empowerment.

Published by:

Funded by:



Forced marriages

- are a violation of human rights
- are unconstitutional (violating Articles 1 and 6 of the German Basic Law)

Anyone who forces you into a marriage has committed an offence under Sec. 237 of the German Criminal Code (StGB).

**For anyone threatened
or affected by forced
marriage, and also for
professionals and others
supporting them.**

Englisch



**DECIDE
WHETHER, AND
WHO, I MARRY!**



tel. 0800/0667888

email: zwangsheirat@kargah.de

You don't feel safe?

You're looking for
a way out?

You love someone you're
not supposed to love?

You want to be
free at last?

You're not allowed to
leave your partner?

You're not allowed to
decide about your life?

You need advice and want
to get informed?

Your family is creating
stress and putting you
under pressure?

You're supposed
to get married but
don't want to?

You feel helpless?

You're not alone.

We will listen to you.
We will respect your decisions.
We will not share anything you say
with anyone else.
We will not judge you.

We will work with you to find a solution,
taking your wishes seriously.

GET IN TOUCH WITH US.



Niedersächsisches
Krisentelefon gegen
Zwangsheirat

Hotline for crisis situations in
Lower Saxony against forced marriage